



IN TOUCH

A NEWSLETTER FOR OUR PARTNERS AND FRIENDS

FCU SOLUTIONS, INC. | YEAR 23 | APRIL 2022 ISSUE

**LEARNING IS A LIFELONG PROCESS.
BE A LIFELONG LEARNER
TODAY.**



FCU SOLUTIONS, INC.
NEWSLETTER

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**"Lifelong learning is no longer a luxury
but a necessity for employment."**

- Jay Samit



LIFELONG LEARNING

What is Lifelong Learning?

Lifelong learning is a form of self-initiated education that is focused on personal development. While there is no standardized definition of lifelong learning, it has generally been taken to refer to the learning that occurs outside of a formal educational institute, such as a school, university, or corporate training.

Lifelong learning does not necessarily have to restrict itself to informal learning. It is best described as being voluntary with the purpose of achieving personal fulfillment. The means to achieve this could result in informal or formal education.

Examples of lifelong learning

Here are some of the types of lifelong learning initiatives that you can engage in:

-  Developing a new skill (e.g., sewing, cooking, programming, public speaking, etc.)
-  Self-taught study (e.g., learning a new language, researching a topic of interest, subscribing to a podcast, etc.)
-  Learning a new sport or activity (e.g., joining martial arts, learning to ski, learning to exercise, etc.)
-  Learning to use new technology (e.g., smart devices, new software applications, etc.)
-  Acquiring new knowledge (e.g., taking a self-interest course via online education or classroom-based course)



Benefits of lifelong learning

Incorporating lifelong learning in your life can offer many long-term benefits, including:

1 Renewed self-motivation

Sometimes we get stuck in a rut doing things simply because we have to do them, like going to work or cleaning the house. Figuring out what inspires you puts you back in the driver's seat and is a reminder that you can really do things in life that you want to do.



2 Recognition of personal interests and goals

Re-igniting what makes you tick as a person reduces boredom, makes life more interesting, and can even open future opportunities. You never know where your interests will lead you if you focus on them.



3 Improvement in other personal and professional skills

While we're busy learning a new skill or acquiring new knowledge, we're also building other valuable skills that can help us in our personal and professional lives. This is because we utilize other skills in order to learn something new. For example, learning to sew requires problem-solving. Learning to draw involves developing creativity. Skill development can include interpersonal skills, creativity, problem-solving, critical thinking, leadership, reflection, adaptability and much more.





4 Improved self-confidence

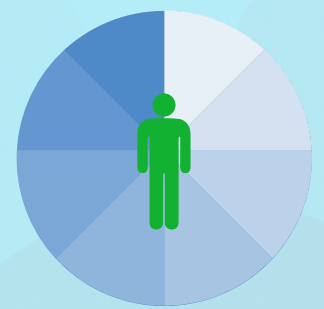
Becoming more knowledgeable or skilled in something can increase our self-confidence in both our personal and professional lives. In our personal lives, this confidence can stem from the satisfaction of devoting time and effort to learning and improving, giving us a sense of accomplishment. In our professional lives, this self-confidence can be the feeling of trust we have in our knowledge and the ability to apply what we've learned.



HOW TO ADOPT LIFELONG LEARNING IN YOUR LIFE?

1 Recognize your own personal interests and goals

Lifelong learning is about you, not other people and what they want. Reflect on what you're passionate about and what you envision for your own future. If progressing your career is your personal interest, then there are ways to participate in self-directed learning to accomplish this goal. If learning history is your passion, there are likewise ways to explore this interest further.



2 Make a list of what you would like to learn or be able to do

Once you've identified what motivates you, explore what it is about that particular interest or goal that you want to achieve. Returning to our example of someone having a passion for history, perhaps it is desired to simply expand knowledge on the history of Europe. Or perhaps the interest is so strong that going for a Ph.D. is a dream goal. Both of these are different levels of interest that entail different ways of learning.





NEVER
STOP
LEARNING

3 Identify how you would like to get involved and the resources available

Becoming more knowledgeable or skilled in something can increase our self-confidence in both our personal and professional lives. In our personal lives, this confidence can stem from the satisfaction of devoting time and effort to learning and improving, giving us a sense of accomplishment. In our professional lives, this self-confidence can be the feeling of trust we have in our knowledge and the ability to apply what we've learned.



4 Structure the learning goal into your life

Fitting a new learning goal into your busy life takes consideration and effort. If you don't make time and space for it, it won't happen. It can easily lead to discouragement or quitting the learning initiative altogether. Plan out how the requirements of the new learning initiative can fit into your life or what you need to do to make it fit.



For example, if learning a new language is the learning goal, can you make time for one hour a day? Or does 15 minutes a day sound more realistic? Understanding the time and space you can devote to the learning goal can help you to stick with the goal in the long-run.



5 Make a commitment

Committing to your decision to engage in a new learning initiative is the final and most important step. If you've set realistic expectations and have the self-motivation to see it through, commit to it and avoid making excuses.



Source: <https://www.valamis.com/hub/lifelong-learning>



FCU

IN ACTION



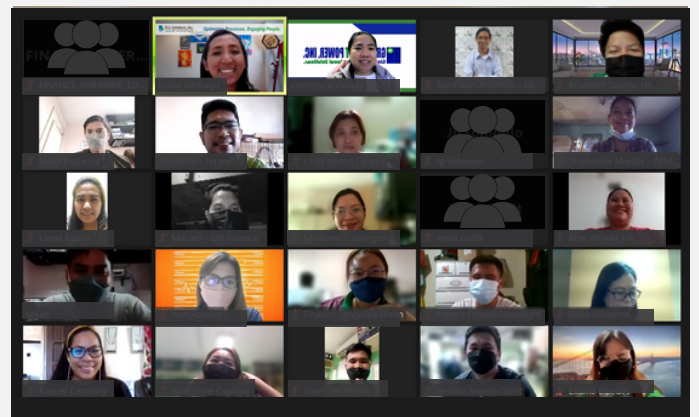
TRUST TRADE
Risk Management Workshop



PHARMASERV EXPRESS
ISO 45001:2018 Appreciation Workshop



INFINIVAN, INC.
Risk Management Workshop

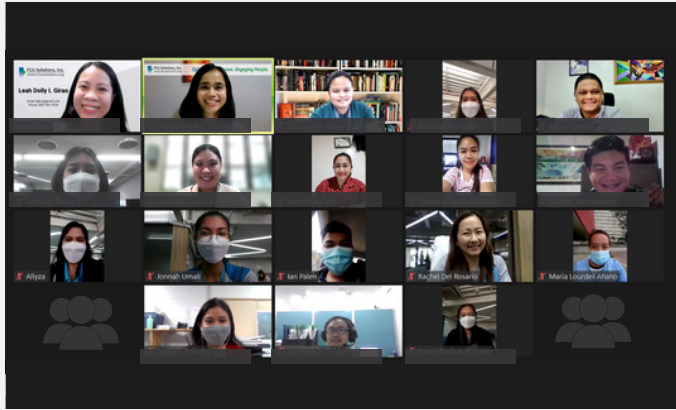


GREENLIGHT POWER INCORPORATED
Risk Management Workshop



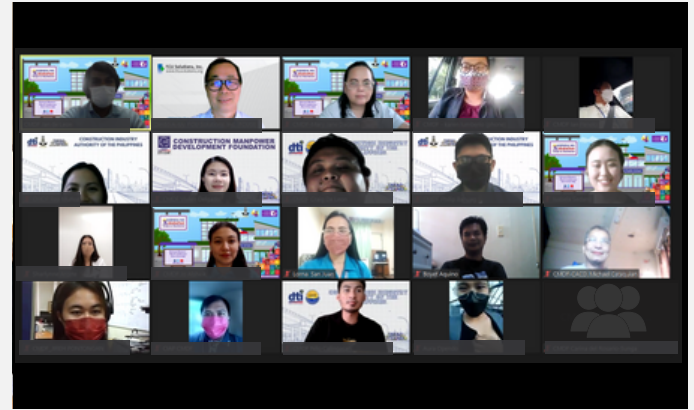


FCU IN ACTION



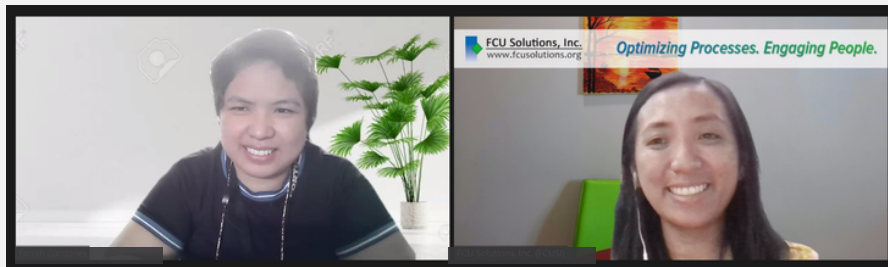
FCU ACADEMY PUBLIC WEBINAR

Internal Audit



CONSTRUCTION MANPOWER DEVELOPMENT FOUNDATION

Advanced Internal Audit Workshop



FCU ACADEMY PUBLIC WEBINAR

Cause Mapping: An Effective Problem-Solving Approach

FROM THE EDITOR



Jay Samit is right when he said “Lifelong learning is no longer a luxury but a necessity for employment.” With the disruptive environment in the industry, being able to fail forward and absorb insights from the surroundings has become a non-negotiable skill for the modern-day professional. Not only is lifelong learning a great mental habit, but it is also a character-building exercise. We hope that the article we have for you encourages you to become a lifelong learner! Let’s stay In Touch!

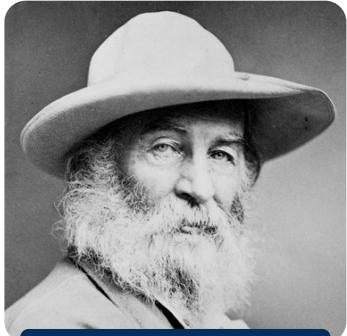
Gems

"I'm still learning."

-MICHAELANGELO @ AGE 87

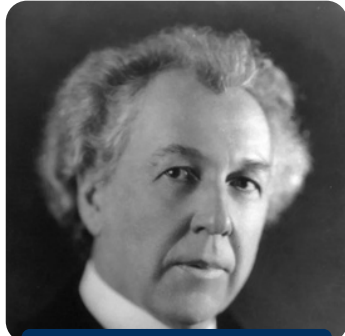


FAMOUS LIFELONG LEARNERS



WALT WHITMAN

One of America's most famous poets was a lover of reading. He even taught himself to write and later became self-published.



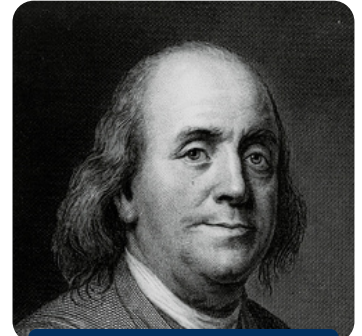
FRANK LLOYD WRIGHT

When you think of architects, most people think of Frank Lloyd Wright. He embraced lifelong learning and developed his own style of architecture and drawing methods.



WALT DISNEY

This lifelong learner actually taught himself to draw through correspondence school. Walt Disney continued to learn new skills like this throughout his entire life.



BENJAMIN FRANKLIN

He took to learning on his own, working with others who had experience to understand complex topics like Italian, meteorology and gulf streams.



BARACK OBAMA

He reads for one hour each day while in office.



WARREN BUFFETT

He invests 80% of his time in reading and thinking.



BILL GATES

He reads a book a week and sets aside two weeks each year for reading vacations.



FLORENCE NIGHTINGALE

She was self-taught. She embraced lifelong learning and as such was a celebrated nurse and pioneer in nursing education.

Sources: <https://www.theceugroup.com/9-famous-people-who-embrace-lifelong-learning/>
<https://execed.economist.com/blog/industry-trends/lifelong-career-success-lifelong-learning>



LEARN WITH FCU



Add value to your Management System, one module at a time.

MOSAT MAPPING IN BUSINESS

A Meta-Learning Method to Boost Your Team's Brain Potential

About the Training

Maps have helped us navigate for thousands of years. Our brains are naturally wired to capture more meaning with maps than text.

Today's hyperconnected world has resulted in massive datasets. How do we make sense of them? We use MOSAT Mapping to help your team understand data visually, highlight the important points, and spark new insight in their daily work and processes.

MOSAT Mapping is a principle-based mapping technique that uses the power of Layout, Text, Images, Colours, Containers, Connectors, Visual Variables, and SPOTS™ to better understand processes, associations, and flow. We transform an overwhelming cloud of data into maps we can easily use to find our way and chart new courses.

We have designed a unique 1.5-days Webinar (3 x 0.5 days) to guide your staff on the basics of MOSAT Mapping.

Learning Outcome

During the Webinar, participants will learn to:

- 1) State the fundamentals of Meta-Learning, describe how the brain works, and appreciate the importance of multi-sensory learning (MSL).
- 2) Create a MOSAT Map using LTIC™, CCVVTM™, and SPOTS™ to discover new insights, associations, and blindspots in your business processes.
- 3) Present your MOSAT Map in a systematic and organized manner which can improve clarity in communication and comprehension.

Rates

- 1-4 participants: P12,000 + VAT/person
- 5-9 participants: P11,400 (5% off) + VAT/person
- 10-19 participants: P10,800 (10% off) + VAT/person
- 20-30 participants: P10,200 (15% off) + VAT/person

FCU Solutions, Inc. in collaboration with Bestminds PTE LTD Singapore

THE SHIFAU METHOD

Generating Creative Ideas to Boost Sales & Revenue

About the Training

Apple, Tesla and Amazon become trillion-dollar companies by disruptive innovation such as the iPhone, affordable electric vehicles, and AWS cloud systems. In a world where accelerated change is the only constant, creativity and innovation have become a necessity to survive and thrive in the business world.

There are many theories, frameworks, and tools available to improve teamwork. How about empowering team members to be creative and innovative? There are very few frameworks in the market today which can maximize the creativity potential of your team. Bestminds has developed the SHIFAU™ framework, which is uniquely tailored to boost innovative thinking in business.

How do we systematically train your staff to ensure that they are able to think differently and 'out-of-the-box' to provide your business with an extra edge in this world of accelerated change and keep ahead of the competition?

The benefits of creativity are immediately visible and spurred the birth of the next generation of billion- and trillion-dollar companies. Yours might be the next one.

We have designed a unique 1.5-days webinar (3 x 0.5 days) to guide your staff through the SHIFAU™ Method. With this framework applied correctly, your company would be one step closer to be the billion-dollar "unicorn" dream.

Learning Outcome

During the Webinar, participants will learn to:

- 1) Take advantage of what they are already familiar with (e.g. common shapes) to generate new ideas.
- 2) Use the concepts from coding and programming to plan for special scenarios and contingencies in a business setting.
- 3) Find and explore new and uncharted territories for use cases in their organization's products or services in order to increase revenue streams.

Rates

- 1-4 participants: P12,000 + VAT/person
- 5-9 participants: P11,400 (5% off) + VAT/person
- 10-19 participants: P10,800 (10% off) + VAT/person
- 20-30 participants: P10,200 (15% off) + VAT/person

TRAINING SCHEDULE

MOSAT Mapping in Business

APRIL 20-22 (01:00-05:00PM GMT+8)

JUNE 22-24 (01:00-05:00PM GMT+8)

The SHIFAU Method

MAY 18-20 (01:00-05:00PM GMT+8)

BOOK YOUR SLOTS NOW!

Scan the QR Codes or visit the links below:



MOSAT Mapping



The SHIFAU Method

bit.ly/FCUAcademyMOSAT

bit.ly/FCUAcademySHIFAU

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About the Trainer

Daniel is a biologist and a professional educator who taught in the Ministry of Education as a classroom teacher. Daniel combines over a decade of real-world teaching practice with neuro-science principles to create frameworks to shorten the learning curve. His frameworks help you achieve more with less time. He was also personally trained by Prof. Tony Buzan in Mind Mapping and is a well-known global expert in mind-mapping. He is an Advanced Certificate in Training and Assessment (ACTA)-certified Adult Educator and has a postgraduate Diploma in Education from the National Institute of Education, Singapore.



DANIEL TAY

Principal Trainer and Founder of Bestminds Pte Ltd
Inventor of Bestminds™ Meta-Learning Framework

Client Testimonials



"This learning concept is highly recommended for challenge learners even for adult, especially those parents & trainers handling children with Hyper Energies where they only have a short time span in focusing, where memorization always a great challenge."



Brenda Lee
Founder of Huehaus



"Daniel has shared useful strategies to make your learning more effective... Highly recommended for people who need to learn heavy content and sit for assessment. You will be amazed at your progress!"



Jackie Wum
Life Mentor & Speaker, XYN Global



"Attended an excellent workshop conducted by Daniel where he shared his exclusive frameworks on Meta-Learning. If you are looking to learn in a more efficient, faster way, connect with Daniel."



Timothy Thevathasan
Co-Founder & Managing Director, The Brand X Up Co.



"Daniel is a passionate and excellent educator with many unique frameworks. I attend a lot of programs and still managed to learn new concepts from him. He also takes a proactive effort to ensure his class is engaging and interactive. His classes are highly recommended!"



Eugene Seah
Abundance Life Coach



"Daniel abundantly shares his framework in a very concise and easy-to-understand format. A lot of research and science behind neuroscience has been distilled into laymen terms that will help you to understand in an instance. The first step of learning is learning how to learn better. The workshops are designed to help you achieve MORE with LESS."



Malvin Tok
Coherence Coach



"Before the training, we can only remember 4 out of 10 items that were flashed on the screen, after Daniel's lesson exercise in a short period, I can remember to list all 10 items and in correct sequence as well. All my classmates achieved that too. I recommend all to try n feel the power of linking learning for yourselves."



James Phoon
Founder & Managing Director, Cloud3 Solutions Pte Ltd

Recommendation from Singapore Woman's Hall of Fame Inductee



"It was exciting and I had a great time enjoying the experience as well as learning new techniques of retention and recall both of which are very important for my line of work, and I am a practicing lawyer in Family Law. I would recommend Daniel Tay's Meta-Learning Workshop anytime for any person who is interested in wanting to learn new techniques of learning. Daniel Tay has a very engaging way of turning our various experiences into a learning process."

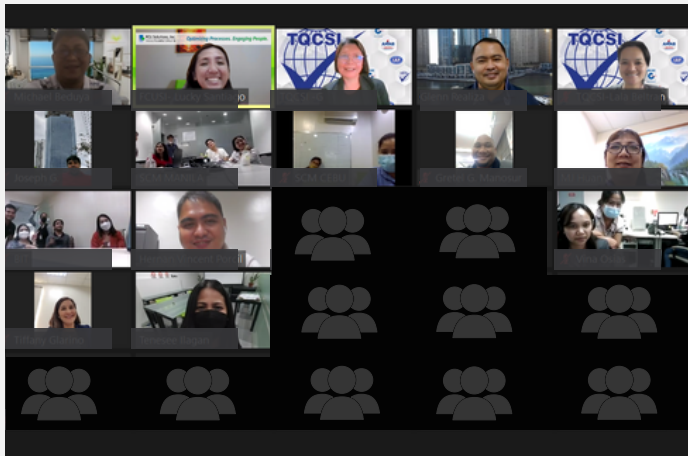


Dr. Anamah Tan
Family Lawyer



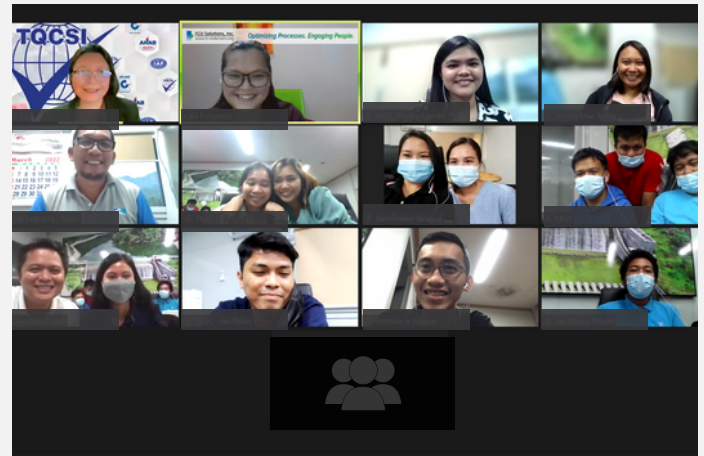
CONGRATS!

CERTIFIED CLIENTS



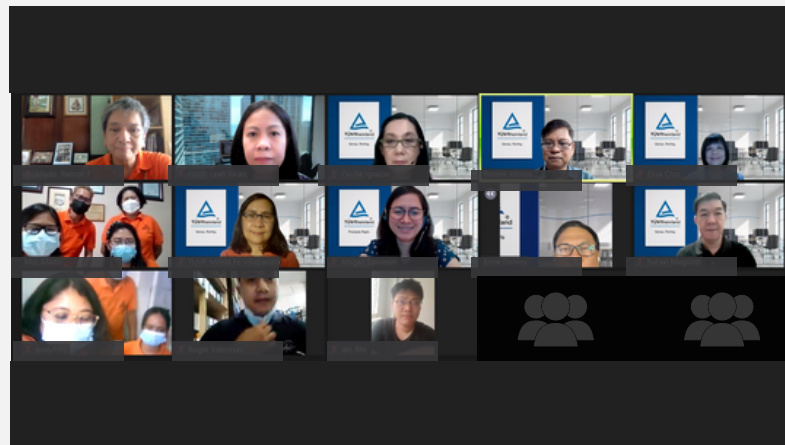
INDUCO RESOURCE CONSTRUCTION CORPORATION

ISO 9001:2015 Certification Audit



TAGUIBO AQUATECH SOLUTIONS CORPORATION

ISO 9001:2015 Certification Audit



ALLADO CONSTRUCTION CO. INC.

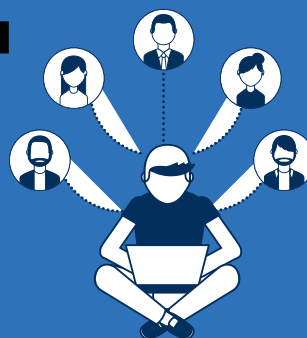
ISO 9001:2015, ISO 14001:2015,
& ISO 45001:2018 Recertification Audit



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